

Today

Words and music ©2006 Jane Best, based on St. Theresa's Prayer

Today, may there be peace within.
Today you are exactly where you're meant to be.
Faith gives us infinite possibilities.

Today, may there be peace within.
Today, may you use those gifts you have received,
Passing on the love you have been given.

Today, may there be peace within.
Today, may you be content,
Knowing you are a child of God.
You are a child of God.

Let this presence settle into our bones.

Today, may there be peace within.
Today, allow your soul the freedom
To sing, dance, praise, and love,
Sing, dance, praise, and love.

It is there for each and ev'ry one.
Today, may there be peace, peace.

For Jaine Jeninga, who sent me the prayer.